Contents

Preface by Joel Netshitenzhe ........................................................ vii
Acknowledgements ................................................................. xi
Contributions ........................................................................... xv
Acronyms and Abbreviations ..................................................... xix

SECTION ONE: EPIDEMICS AND SYNDEMICS
IN AFRICA: DISEASE IN CONTEXT

Chapter 1: Introduction: Epidemics and Health Systems in Africa
   – Zamanzima Mazibuko .............................................................. 4
Chapter 2: Syndemics, Food Security, Health, and Local Environments: Chronic Undernutrition in Zimbabwe
   – Bill H. Kinsey .................................................................. 42

SECTION TWO: CONTENDING WITH EPIDEMICS
AND HEALTH SYSTEMS IN AFRICA

Chapter 3: Cholera in Africa in the 21st Century: Questions of Justice and Human Rights
   – Sunanda Ray, Farai D. Madzimbamuto, and David Sanders .................................................. 79
Chapter 4: Outbreaks and Epidemics of Malaria in SADC: Cycles of Frustration in Preventive Action
   – Kaka Mudambo ................................................................. 107
Chapter 5: Containing Ebola in Nigeria: An African Success Story
– Nathaniel Umukoro

SECTION THREE: CONTENDING WITH CHRONIC CONDITIONS IN AFRICAN HEALTH SYSTEMS

Chapter 6: Non-communicable Disease Epidemics: Approaches to Prevention and Control in Sub-Saharan Africa
– Pamela A. Juma, Kenneth Juma, and Gerald Yonga

Chapter 7: Care, Context, and Chronic Illness: Lessons from HIV-positive Adolescents and Their Families in South Africa’s Eastern Cape
– Beth Vale

Chapter 8: Knowledge, Power and the Role of Frontline Health Workers for South Africa’s Epidemic Preparedness
– Miriam Di Paola and Beth Vale

SECTION FOUR: THE FUTURE OF HEALTH SYSTEMS IN AFRICA

Chapter 9: The Potential of Technological Innovation in Health Care in Africa: Lessons from Nanotechnology
– Zamanzima Mazibuko and Steven Mufamadi

Chapter 10: From Present African Health Care Systems to the Future: Health Financing in Ghana and Rwanda
– Samuel Adu-Gyamfi

Chapter 11: Preparedness for Epidemics in South Africa: The Health System and Proposals for National Health Insurance
– Alex van den Heever

Chapter 12: Conclusion
– Zamanzima Mazibuko

Index