HIV Mental Health for the 21st Century

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In an era when the ‘medicalization’ of AIDS is in its ascendancy, it is crucial not to lose sight of the human face of the epidemic. This compendium is a rich collection of perspectives and experience which together serve as an important reminder of the importance of mental health and psychosocial issues in the care of people with HIV. This book will indeed be an important and useful resource in the care of people with HIV and their caregivers into the 21st century.

—Peter A. Selwyn, Associate Director, AIDS Program, Yale School of Medicine

“This book offers something to the most experienced HIV mental health provider as well as the mental health provider seeing his or her first client...easy to read and insightful.”

—James W. Dilley, Executive Director, UCSF AIDS Health Project

“HIV Mental Health for the 21st Century brings forth fresh and original approaches to a variety of HIV mental health issues, reflecting many years of experience in HIV/AIDS care. An excellent resource for clinicians, counselors, and therapists.”

—Jeffrey A. Kelly, Director, Center for AIDS Intervention Research, Medical College of Wisconsin

As we enter the 21st century and the third decade of the AIDS epidemic, mental health care providers must respond to an alarming fact: the Human Immunodeficiency Virus (HIV) and the condition it causes, Acquired Immune Deficiency Syndrome (AIDS), threaten everyone’s communities and everyone’s clients.

HIV Mental Health for the 21st Century will be the foundation for HIV/AIDS care in the next decade—the standard reference for students and practitioners of all disciplines, government officials, and program planners. Mark G. Winiarski has asked professionals in a wide range of disciplines to describe their leading-edge work and to tell about themselves and their experiences. The book’s five sections inform readers regarding basic concepts of HIV and public policy. Chapters treat issues such as caregivers’ feelings, spirituality, rural practice, working with children, and the psychosocial responses to the new medical therapies, including protease inhibitors.

MARK G. WINIARSKI, Ph.D., is a psychologist who directs several federal- and foundation-funded HIV/AIDS programs in the Ambulatory Care Network at the Montefiore Medical Center in Bronx, NY. He is the author of AIDS-Related Psychotherapy, which has become a “must-read” primer, and he is on the faculty of the Albert Einstein College of Medicine.