Faith Born of Seduction

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Appendix A
Sample Questionnaire (Voices)

Your age _______ Your ethnic background ______________________
Your first name _____________________________________________
Your phone # ____________________________ (should I need clarification)

Please read carefully the following questions and answer them, giving as long an explanation as you need for me to understand your feelings (feel free to add longer answers by stapling extra sheets of paper headed by the number of and question you're answering).

If the question does not need an explanation, just write the answer.

Circle the name of the divine power that you feel most accurately describes what you're responding to in these questions.

The God/Goddess/Higher Power Questionnaire

I

1. I feel/do not feel close to God/Goddess/HP because . . .
2. The time of my life when I felt the closest to God/Goddess/HP . . .
3. I think that my life when I felt the closest to . . . God/Goddess/HP was when I was ___ year old because . . .
4. I think that God/Goddess/HP wants/does not want me to be good because . . .
5. I believe/do not believe in a personal God/Goddess/HP because . . .
Appendix A: Sample Questionnaire

II
6. The time in my life when I felt the most distant from God/Goddess/HP was when I was . . . because . . .
7. My most important duties toward God/Goddess/HP . . .

III
8. For me, the love of God/Goddess/HP toward me is/is not important because . . .
9. For me, my love for God/Goddess/HP is/is not important because . . .
10. The feeling I get/used to get from my relationship with God/Goddess/HP is one of . . . because . . .

IV
11. I feel that the fear of God/Goddess/HP is/is not important because . . .
12. What I like the most about God/Goddess/HP is . . . because . . .
13. What I resent the most about God/Goddess/HP is . . . because . . .
14. What I dislike the most about religion is . . . because . . .

V
15. Emotionally, I would like to have the . . . that God/Goddess/HP has because . . .

VI
16. Among all the religious characters I know, I would like to be like . . . because . . .

VII
17. My favorite person, saint or Bible character is . . . because . . .

VIII
18. I believe/do not believe in the devil because . . .
19. I think that the devil wants us to . . .
20. Sometimes I have/have not felt that I hated God/Goddess/HP

IX
21. I feel that what God/Goddess/HP expects from me is . . .
22. I feel that to obey the Commandments is/is not important because . . .
23. I pray/do not pray because I feel that God/Goddess/HP will . . .

X
24. I feel that God/Goddess/HP punishes/does not punish you if you . . . because . . .
25. I think God/Goddess/HP considers my sins/wrongdoings as . . . because . . .
26. I think the way God/Goddess/HP has to punish people is . . . because . . .
27. I believe that the way God/Goddess/HP rewards people is . . .

XI
28. I think that God/Goddess/HP provides/does not provide for my needs because . . .
29. The most important thing I expect from God/Goddess/HP is . . . because

XII
30. In my way of feeling, for me to full please God/Goddess/HP I would have to . . . because . . .
31. If I could change my past, I would like to change . . . because . . .
32. If I can change myself now, I would like to be . . . because . . .
   to change my . . . because . . .
   to improve my . . . because . . .
   to increase my . . . because . . .

XIII
33. If I am in distress, I resort/do not resort to God/Goddess/HP because . . .
34. If I am happy, I thank/do not thank God/Goddess/HP because . . .
35. Religion has/has not helped me to live because . . .
36. If I receive absolute proof that God/Goddess/HP does not exist, I will . . . because . . .
37. Prayer is/is not important to me because . . .
38. I wish/don’t wish to be with God/Goddess/HP after death because . . .

XIV
39. I think that God/Goddess/HP is closest to those who . . . because . . .

XV
40. I consider God/Goddess/HP as my . . . because . . .
41. I think God/Goddess/HP sees me as . . . because . . .

XVI
42. If I have to describe God/Goddess/HP according to experiences, I would say that God/Goddess/HP is . . . because . . .
Appendix A: Sample Questionnaire

XVII
43. The day I changed my way of thinking about God/Goddess/HP was ... because ...

XVIII
44. Religion was always/never/at one time important to me (during the years from ... to ...) because ...
45. For me, the world has/has not an explanation without God/Goddess/HP because ...

The "Family" Questionnaire
1. The member of my family to whom I felt the closest was my ... because ...
2. The member of my family to whom I felt the most distant was my ... because ...
3. The member of my family whom I loved the most was my ... because she/he ...
4. The member of my family whom I disliked the most was my ... because she/he ...
5. Physically I resemble my ... because ...
6. Emotionally I resemble my ... because ...
7. The favorite member of my family was my ... because ...
8. The member of my family whom I admired the most is my ... because ...
9. Please write down the names of the members of your family in order of preference according to how much you like them:
   1.   5.
   2.   6.
   3.   7.
   4.   8.
10. The member of my family whom I despised the most is ... because ...
11. The boss in my family was my ... because ...
12. The disciplinarian in my family was my ... because ...
13. The provider in my family was my ... because ...
14. If I could change myself I would like to be like my ... because ...
15. In my family we were close/very close/not close at all because ...
16. My father was closest to me/to my . . . because . . .
17. My mother was closest to me/to my . . . because . . .
18. The most important person in my family was . . . because . . .
19. In my family the children were considered as . . . because . . .
20. If I described myself as I feel I actually am, I would say I am . . .

**For Adults Sexually Abused as Children**

1. What does the phrase “incest survivor” mean to you?
2. When and why did you become interested in your own recovery from childhood sexual abuse as an adult?
3. What is it about abuse recovery groups (if you are involved in one) that is important to you?
4. If you are a member of an Anonymous group:
   a. How did the group form?
   b. How does the group decide on its practices?
   c. Describe the group’s practices.
   d. What are the benefits and/or drawbacks of being a group member?
5. How do you personally practice “recovery” from sexual/physical/emotional abuse?
6. What is the connection for you between being an incest survivor in recovery and your view of your body?
   a. Before I attended a recovery group I felt . . . about/in my body
   b. After participating in a recovery group for . . . months, I feel . . . about/in my body.
   (Answer if [c & d] apply to you)
   c. I’d say I have an eating disorder (that began at age ______) because . . .
   d. I find that what helps my recovery from my eating disorder is . . . because . . .
7. What is the connection for you between being an incest survivor in recovery and your relationships to others?
   a. Before I attended a recovery group I felt this way about/in my relationships to:
   Men
   Women
   Children
b. After participating in a recovery group I feel this way about:
   Men
   Women
   Children

8. What is the connection for you between being an incest survivor in recovery and your political views?

9. How does your recovery in group influence your sense of spirituality?
   a. My sense of spirituality means . . .
   b. I use another word for spirituality and that word is . . . because . . .

10. In general, how has abuse recovery influenced your life?

11. What do you see as the future of recovery groups for survivors of abuse?