Sex Talks to Girls

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A Note on Anonymity

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Tradition Twelve, Alcoholics Anonymous

As a spiritual principle, anonymity has enabled me to start and sustain an extraordinary new life, to meet courageous people and not know or care where they’re from or what they might do for a living, and to remember that I am no more and no less a citizen of this world than anyone else. So it is understandably with some trepidation and after much thought that I publicly break my own anonymity. (Others in the book have agreed to fictitious names, sometimes ones they chose themselves.)

It is also with profound respect for the recovering anonymous communities that my name appears here. I do not seek to promote my lifestyle or attract others to it. I am not a spokesperson for AA or Al-Anon. Neither am I a spokesperson for the LGBTQ community or lesbians everywhere. I am simply me, a mother, a poet, sober, and queer, and I wish my readers their own revelations on their own wild paths of truth.