## CONTENTS

*Acknowledgments*  vii  
*Introduction*  ix  

1 Why You’ve Made the Right Choice  1  
2 Preparing  22  
3 Resources  41  
4 The First Day  53  
5 Grading, Attendance, and Other Pains-in-the-Butt  63  
6 What You Should Know About Theory (For Now)  82  
7 Confident and Humble, and Other Contradictions We Live By  99  
8 Avoiding Stress  108  
9 Nightmares  134  
10 Outside the Classroom  155  
11 Building Your Future  162  

*The Last Word*  172

### APPENDICES

A Yes, You May  174  
B Motivation Through Metaphor  177  
C Another Obnoxious Questionnaire  180  
D In Defense of Subjective Grading  181  
E Teaching Academic Integrity  186  

References  202  
Index  206