Can Fixing Dinner Fix the Planet?

Fanzo, Jessica

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“Jess Fanzo has seen it all, read everything, and talked to everyone. You can have no better, more knowledgeable guide to the mess the food system is in, and how we can get out of it. If you want to do something about the global nutrition crisis, read her book, and roll up your sleeves, as she does.”

— Luigi Guarino, Director of Science, Global Crop Diversity Trust

“Jessica Fanzo argues that dinner not only can fix the planet, but must. Read her book. It’s beautifully written, authoritative, and utterly convincing—essential reading for anyone interested in the world’s food problems.”

— Marion Nestle, professor emerita, New York University, and author of Let’s Ask Marion: What You Need to Know about the Politics of Food, Nutrition, and Health

“Dr. Fanzo’s book is not only a wake-up call for eaters, but a roadmap for how to make our global food system more ecologically and socially just. She explains the fragility of our current way of producing food, while giving us hope that things can change for the better.”

— Danielle Nierenberg, President of Food Tank and 2020 Julia Child Award Recipient
“Your food choices truly matter for both your own and our environment’s health. Can Fixing Dinner Fix the Planet? guides you through the far-reaching impacts of your decisions, and provides hands-on ways to combat the issues we face. For the love of food and the planet, dig in, and bon appetit!”

— Michiel Bakker, Vice President, Google Global Workplace Services Programs

“We’ve never needed to be more aware of the impacts of our food choices—or to listen more carefully to pioneering experts like Jess Fanzo. Written with wit, insight and a real sense of urgency, this is essential reading for anyone with a personal or professional stake in what they eat and where it’s sourced from.”

— Gunhild Stordalen, Founder and Executive Chair, EAT Foundation

“A unique synthesis that weaves together revealing data with the author’s personal experience, Can Fixing Dinner Fix the Planet? demonstrates the negative impacts food systems are having on health and the environment. Fanzo’s description of her work in some of the hardest-hit communities reveals how the global challenges of providing healthy and sustainable diets for all leaves no region untouched. Readers of Michael Pollan, Mark Bittman, Frances Moore Lappé, and Marion Nestle will be interested in this nuanced book.”

— Michael Clark, Nuffield Department of Population Health, University of Oxford