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I have utilized the Library of Congress Slavic transliteration system, with exceptions for names already familiar in English (such as Nicholas I and Dostoevsky). Regarding dating, since most of the materials cited in this study were written in Western Europe, I have used the Gregorian calendar for these; however, for the materials produced within the Russian Empire, I have retained the Julian calendar dates, which were twelve days behind the Gregorian calendar during the nineteenth century.